



MERIDIAN HEALTH VILLAGE

27 S. COOKS BRIDGE ROAD • SUITE 2-14 • JACKSON, NJ 08527 P 732.876.3376 • F 732.876.0276 • OCEANDERMATOLOGY.COM

INSTRUCTIONS FOR ELIMITE

Your condition was diagnosed as scabies. This condition is easily treated if these instructions are followed carefully.

You should wash your clothing and bed sheets in hot water and hot dryer. Take a shower, completely dry off, then carefully apply the Elimite from your neck to your toes getting in all the creases and folds, (i.e. apply into your groin, underarms, it should be pushed underneath your nails). You should sleep with the cream on. Upon waking you should shower off cream then wash your bedding and recent clothing.

Elimite needs to be applied only one night. It is not uncommon for itching to persist for approximately two to four weeks after treatment.

Anti-itch lotions such as Sarna and washing with mild soap such as Dove or Cetaphil may be helpful to relieve the itching.